



Tollgate Primary School- PSHE curriculum Overview - 2020/21

	Core theme	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Health and Wellbeing	Growing and changing- How it affects me.	How to recognise and live a healthy lifestyle	Dealing with change as I get older	Lifestyles	Loss and change	Drug awareness
Autumn 2	Relationships	Recognising and dealing with feelings and emotions.	Healthy relationships with family and friends	Recognising and dealing with healthy and unhealthy relationships	Dealing with differences	Stereotypes	Understanding the effects of choices and actions on others as well as ourselves
Spring 1	Understanding of the world	The local community	Rights, responsibilities and our roles in a community	Cultures and communities	Rules, rights and laws	Gang awareness	How money is used in a community
Spring 2	Health and wellbeing	Keeping safe in and outside the home	Privacy, secrecy and worry	Avoiding and dealing with danger	Keeping physically safe	Dangers of media and alternatives to technology	Mobile phone usage and pressure
Summer 1	Relationships	Similarities and differences between families	Bullying, teasing and boundaries	Emotions, secrets and dares	Working collaboratively while maintaining personal values	Self-respect and healthy relationships	Online relationships
Summer 2	Understanding of the world	What makes people and communities unique	Understanding Money	Responsibilities and differences	Respecting values traditions and customs	Understanding finances in the home	Creating and enterprise